

Hawk Talk

École Seven Oaks Middle School

Greetings – Bienvenue- Boozhoo!

We would like to extend a warm welcome to all of our new and returning families. As the colours begin to turn, the birds gather and soar, and the breeze begins to cool, we look forward to this new school year and new beginnings.

We have some exciting news to share! Two years ago, a group of students took a leadership role to engage all students, staff and families in imagining and creating a plan for the courtyard to flourish as an outdoor learning space. This parcel of land was an undeveloped, underused space. This past summer, the shared vision was realized and the courtyard at ÉSOMS has been transformed. Since the beginning of the school year, students have been busy climbing, running, rolling, sitting, hopping, strolling, gathering and exploring this new, beautiful space. We look forward to watching the trees and the bushes grow, and students using this space for both leisure and learning.



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www.7oaks.org

Bienvenue, Welcome!

We would like to sincerely extend a warm welcome our new staff members. They are:

Dara Labossière – French Immersion Teacher, Grade 8

Kristen Bromilow – Teacher, Grade 8

Holly Hunter – TAS and Lead teacher for Science

Cheryl Manness – Library Technician

Barb Tavares – Educational Assistant

Rob Vermeulen – Educational Assistant

Online Newsletter – Paper by request

Our monthly newsletter is posted on our website and families receive a link when it is ready for access. This is our effort to be environmentally-friendly and use as little paper as possible. If you have not done so already, please update your email address with us by contacting the office at 586-0327. However, if you would rather continue with a paper copy of the monthly Newsletter, please inform your child's homeroom teacher. Teachers will also be communicating with families about field trips by email. Please check your email for these messages.

CALL BACK SYSTEM

If your child will not be at school or will be late, please contact our office at 204-586-0327 or email marie.jowitt@7oaks.org or bonnie.pollreis@7oaks.org. The office is open for phone calls between 7:45 am and 3:30 pm. If your child is absent and we have not been notified, you will be contacted to ensure your child is safe.

BREAKFAST PROGRAM

We are pleased to share that ÉSOMS is offering breakfast every morning from 8:10 to 8:25 a.m. Breakfast is available to every ÉSOMS student who needs to have breakfast at school. We offer a simple, nutritious menu of cereal, toast and fruit available free of charge from the canteen.

Healthy eating is essential to learning. We are grateful that we can assist our students in starting their day with the nutrition and energy that they need to be engaged and successful.

LUNCH PROGRAM

École Seven Oaks Middle School provides lunchtime supervision and activities for students who wish to stay at school for lunch. Our lunch schedule allows children time to eat together in their classrooms with their classmates and then participate in a variety of activities.

11:15: Lunch begins. Students who are leaving the school grounds to eat lunch (for e.g. at home) leave at this time.

11:15 – 11:35: Students eat lunch and converse with their classmates in their homerooms.

11:35 - 12:05:

- a) Students wishing to watch or participate in Intramurals can go to the gym.
- b) Students may sign up in the morning to go to the school library.
- c) Students may pick up a pass from the office to go to the West Kildonan Library
- d) Students may participate in events/clubs (musical rehearsal, Art Club, Science Club etc.)
- e) Students who go outside have the choice to:
 - remain on school property (the school backyard)
 - walk to Victory School field (The play structure and hardtop are off limits). **In our conversations with students we have reminded them to use extra caution and watch for traffic when crossing at Powers and Perth.**

12:05: Students return to the school for afternoon classes which begin at 12:15.

WE ARE A PEANUT, NUT & FISH-FREE SCHOOL

There are several children and staff at ÉSOMS who have life threatening allergies to nuts and fish. Our goal is to provide a safe classroom and school for all students. This also applies to the food which is brought into the school. Please assist us in ensuring that your child's lunches and snacks are nut free and fish free.

CELL PHONES, DIGITAL CAMERAS, ELECTRONIC MUSIC DEVICES & GAMES

We realize that many parents provide their children with cell phones for safety reasons. We expect that students will use them appropriately. At no time should these digital devices disrupt the learning environment. Students may not use digital cameras or camera phones in school except under the direct supervision of a teacher. To protect the privacy and safety of others, students who take unauthorized pictures of friends and classmates in or around the school may be asked to delete them from cameras and storage devices. The use of iPods or MP3 players is entirely at the discretion of individual classroom teachers. The school cannot be responsible for loss of these items and we recommend that these valuable items be left at home.

T.A.S. – Technology, Arts and Sports

École Seven Oaks Middle School is pleased to offer many opportunities to our students in Technology, Arts and Sports Programming (TAS). Students indicate their preferred options during our registration period each spring, where students prioritize options that suit their interests and talents.

TAS is scheduled for 4 morning periods once per cycle and falls into three terms (Fall, Winter, Spring). Bussing is provided for all students who attend options that are not located in ÉSOMS.

TAS occurs all morning the following days of the school cycle:

Grade 6 – Day 4

Grade 7 – Day 1

Grade 8 – Day 5

Students take 3 options during the year for approximately 10 weeks each.

The dates for each of the terms are:

Term 1 – September 6 – December 7

Term 2 – December 8 – March 15

Term 3 – March 16 – June 28

ÉSOMS T.A.S. Options

<u>Grade 6</u>	<u>Grade 7</u>	<u>Grade 8</u>
<ul style="list-style-type: none"> • Art - at Winnipeg Art Gallery • Writing & Illustrating - at ÉSOMS • Engineering & Design - at ÉSOMS • Introduction to Guitar - at ÉSOMS • Drama - at ÉSOMS • Indoor Soccer - at Garden City Soccerplex • Seven Oaks Hockey Skills Academy (term 1 & 2) - at Seven Oaks Arena • Sport Conditioning & Ball Hockey (term 3) - at Seven Oaks Arena 	<ul style="list-style-type: none"> • Drama - at ÉSOMS • Consumer Studies - at Leila North • Engineering & Design - at ESOMS • Dance - at Leila North • Multimedia - at Leila North • Foods & Nutrition - at Leila North • Metals - at Leila North • Graphics - at Leila North • Indoor Soccer - at Garden City Soccerplex • Seven Oaks Hockey Skills Academy (term 1 & 2) - at Seven Oaks Arena • Sport Conditioning & Ball Hockey (term 3) - at Seven Oaks Arena 	<ul style="list-style-type: none"> • Dance - at Leila North • Multimedia - at Leila North • Woodworking - at Leila North • Foods & Nutrition - at Leila North • Caregiving - at Leila North • Graphics - at Leila North • Engineering & Design – at ÉSOMS • Indoor Soccer - at GC Soccerplex • Seven Oaks Hockey Skills Academy (term 1 & 2) - at Seven Oaks Arena • Sport Conditioning & Ball Hockey (term 3) - at Seven Oaks Arena

At ÉSOMS, it is our upmost priority to create a safe and caring school community. We strive to act in concert with the Seven Oaks School Division Safe Schools Policy, as follows:

SAFE SCHOOLS FOR ALL

In order for us to achieve our mission, our schools work daily to teach the children in our care how to get along with others. Some schools teach using the golden rule. . . “treat others as you would wish to be treated yourself.” Some schools teach behaviour using a simple code of conduct like: Take care of yourself. Take care of each other. Take care of this place. Our staff is expected to work on a daily basis to build safe, respectful, considerate and caring communities in our classrooms and schools. They are expected to teach children to do the right thing for the right reason, to take responsibility for their actions, to solve problems, understand one another and to correct and learn from their mistakes.

Our schools are expected to teach students that there are firm and clear expectations of them.

Those expectations include:

- that harassing, abusive or bullying behaviour, whether physical, sexual, psychological or electronic will not be tolerated;
- that behaviour that discriminates against anyone on the basis of any characteristic set out in subsection (292) of the Human Rights Code is unacceptable;
- that using, possessing or being under the influence of alcohol or illicit drugs at school is unacceptable;
- that gang involvement is unacceptable;
- that possession of a weapon as defined in Section 2 of the Criminal Code of Canada is unacceptable;
- that information technology, electronic mail and the internet must be used appropriately and with appropriate safeguards.

Our schools are expected to use a range of instruction, community building and disciplinary approaches to teach our students to behave in ways that are respectful, considerate and safe. Consequences for behaviour must consider the age of students, the context for their behaviour and the pattern of their behaviour. Consequences can range from verbal correction to mediation and restitution to suspension from school and even expulsion and criminal prosecution.

While we aspire to live and learn in a school community where everyone feels safe and included, we understand that children are learning and that issues may arise. When conflicts occur or when students feel unsafe, mistreated or bullied, we encourage them to speak immediately with their homeroom teacher, or with any adult with whom they feel comfortable. We encourage students to advocate for themselves and for one another. When adults become involved quickly, issues often resolve under our guidance. If parents have any concerns, please do not hesitate to call your child's homeroom teacher. The homeroom teacher is the person who knows your child and their learning environment the best. They are best positioned to intervene, support and to monitor closely on a daily basis. Students and parents are also invited to contact either administrator, Mr. Baldwin or Mme Loewen.

Thank you, Merci, Miigwech!

École Seven Oaks Middle School would like to sincerely thank the Toyota Evergreen Learning Grounds Program for awarding our school \$2000 towards trees, shrubs and mulch for our new outdoor learning space. The cheque and Certificate of Achievement were presented on June 30th at our end of the year Assembly by Elizabeth Fahlman of McPhillips Toyota.



Online Resource for Parents

Manitoba Education and Advanced Learning has produced an online resource for families with children in Middle Years. The resource, titled *My Child in the Middle Years*, is available on the department's website at www.edu.gov.mb.ca/k12/midyears/index.html.

My Child in the Middle Years: A Parent Resource includes the following components:

- Changes in Adolescence
- Helping Your Child Succeed
- Common Questions
- Resources for Parents
- Quotations that offer insight into family and school life experiences.

Halloween Word Search

Clues may run forwards, backwards, diagonally, up or down.
Some may overlap or even be backwards.

W	I	T	C	H	R	P	B	S	A	B	A	T	V	C
B	Q	O	A	S	D	F	A	P	Z	L	X	C	O	A
A	G	M	H	B	A	T	T	E	Q	W	Z	A	B	U
T	B	B	J	A	Z	C	V	L	A	B	O	S	A	L
L	A	N	K	F	C	V	B	L	Z	A	M	P	T	D
P	U	M	P	K	I	N	A	S	O	T	B	I	T	R
B	A	T	A	S	D	F	T	Z	M	G	I	D	R	O
A	V	A	M	P	D	G	S	K	E	L	E	T	O	N
S	P	I	D	E	R	A	W	I	T	B	N	G	H	O
A	Q	M	Z	E	M	B	A	T	Q	G	H	O	S	T
B	Y	A	P	U	M	A	S	P	E	K	S	B	A	T
A	M	V	V	A	M	P	I	R	E	H	F	K	O	P
T	M	H	R	E	R	G	B	B	A	T	G	B	A	T
X	U	H	A	P	O	Y	A	L	A	B	J	K	Q	W
Z	M	G	B	A	T	R	T	C	Z	G	H	O	U	L

VAMPIRE	PUMPKIN	SPIDER
GHOST	SPELLS	GHOUL
TOMB	WITCH	ZOMBIE
MUMMY	CAULDRON	SKELETON

The word **BAT** also appears 15 times can you find them all?

Clubs at ÉSOMS

Looking for something different to do at lunch? Are you wanting to connect with others and try something new? Here are the clubs currently happening at ÉSOMS. Everyone welcome!

Monday Maker Space

Come build stuff –
build anything you want!

Tuesday Science Club

Do fun and hands on science
activities as well as have a chance to
work on a long term passion project!

Wednesday So Sustainable

Learn about the environment and take
action to make our community and the
earth a better place to live!

Thursday Code Makers

Play fun and interactive game while
learning some compute code at the
same time!

Day 3 Photography Club

Come explore our community and
school through the lens of a
camera.

Day 5 Art Club

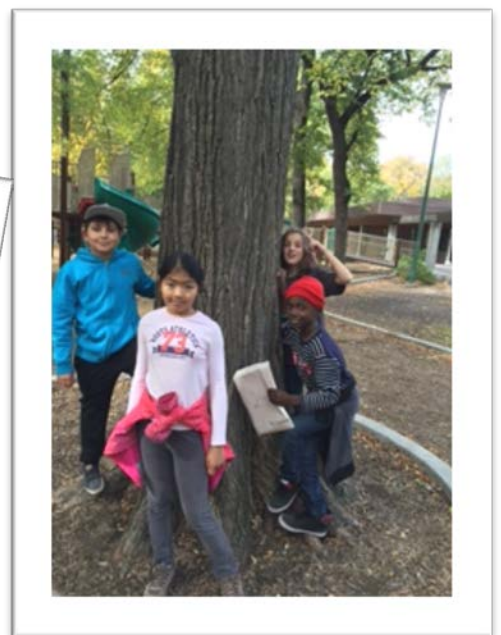
Come explore art-making and
creative expression through
various materials including
watercolours, acrylic paints,
pastels, and sketching sticks!

GRADE SIX WELCOME CELEBRATION

On Tuesday September 29th, the entire grade 6 class of École Seven Oaks Middle school embarked on a fun-filled afternoon with the intention of getting to know each other a little better. We began our afternoon with lunch in the gym. All 140 of us ate together and then played together. A few students taught us how to play a massive game of Rock-Paper-Scissors where everyone was included! Our next adventure was a walk to Kildonan

Park where we got into our groups for a scavenger hunt. Each group was made up of one student from each grade 6 class. Once we finished our hunt, we all gathered for a snack and some free time where we had a game of tug 'o war, some volley ball and Mr. Baldwin

even made us a tight rope to walk on between two trees. Although our day went by quickly, it was awesome to get to know all the different kids in grade 6 and we are all looking forward to our next opportunity to do it again!



Music Notes...

We are off to a strong start in the music program this year and already have a number of exciting events planned!

We are pleased to announce that the Grade 7/8 Winter concert will take place at Garden City on December 2, 2015. The Grade 6 Winter Concert will be held here at ÉSOMS on January 27, 2016. Please make arrangements now to clear your schedules or arrange car-pooling for these special events.

We are excited to announce that we have two out-of-town Music Festivals planned for the upcoming school year. The Jazz Band and Vocal Jazz ensembles will once again be attending the Brandon Jazz Festival in mid-March. The Grade 8 Band will have the opportunity to participate in the Moose Jaw Band Festival in mid-May. More information will be sent home in the coming weeks regarding both of these opportunities.



This past summer we had four students participate in the Manitoba Band Association's Summer Band Camp at Edmund Partridge School. Congratulations to Mikayla, Maddie, Dillan, and Michael for your hard work and amazing performance at the end of a successful week!

GRADE 8 FIDDLE CLASSES PERFORMANCE AT THE FORKS

All grade 8 students will be at the Forks

Monday, Dec. 7th

Hall/Persaud/Labossiere/Sherri

Friday, Dec. 11th

Chrnyk/Cervantes/Ruppenthal

* stay tuned for more details! *

FIDDLE JAMS HAVE BEGUN!

When: **Wed. Oct. 21** **Fri. Nov. 6,**
Tues. Nov. 17 **Thurs. Dec. 3**
3:45 - 5:00 p.m. (but you can show
up before 3:45)

Where: ÉSOMS, Room 4

Who: All fiddlers and guitarists who can
play a few fiddle tunes and want to
learn more

What: Fiddle jams, just for fun! Join in with
the tunes you know, try to pick up
the ones you don't, or just sit and
listen – it's all good!

***For more info, phone Karen Warner,
ÉSOMS, 204-586-0327, or email
karen.warner@7oaks.org**

In the Gym...

Physical Education Classes

Throughout the month of September students completed a volleyball unit and an ultimate frisbee unit as well as a number of fitness theme classes.

Also, gym classes will continue to take place outdoors, so please help remind your child to bring gym clothes that are suitable for the cold weather.

Special Olympics

This year, the *In the School* Special Olympic program will consist of 4 different sports: basketball, snowshoeing, outdoor track and field and soccer. Coaches will be preparing our Special Olympic athletes for all of these events that are scheduled to take place throughout the year.

Extracurricular

Cross-country: Our Athletes have been training hard each Monday and Wednesday. Their season will come to an end on Friday October 9th with the third race at Birds Hill Park. Thanks to Coach Hall and Coach Bromilow for their efforts and congrats to each of our runners for their strong showings.

Volleyball: The volleyball season is in full swing. Teams have been practicing in preparation for their upcoming tournaments. Permission slips are due as soon as possible.

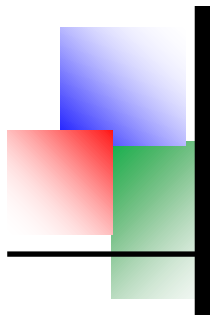
Please refer to the school calendar on the website (www.7oaks.org) for all team practice/ game times. This is each player's responsibility. The schedules can also be found on the gym calendar in the hallway by the gym office. Game participation is dependent on practice attendance.

PE Department



October 2015

SUN	MON	TUE	WED	THUR	FRI	SAT
				1 Day 6	2 Day 1	3
4	5 Day 2	6 Day 3 Power Positif Retreat Camp Manitou	7 Day 4 Power Positif Retreat Camp Manitou	8 Day 5	9 Day 6	10
11	12 Thanksgiving No Classes	13 Day 1 Parent Advisory 6:30 pm	14 Day 2	15 Day 3	16 Day 4 Picture Day	17
18	19 Day 5	20 Day 6	21 Day 1	22 Day 2 Divisional PD No Classes	23 Day 3 SAGE No Classes	24
25	26 Day 4	27 Day 5	28 Day 6 Francofolies Gr 6-8	29 Day 1	30 Day 2	31



Kildonan Youth Activity Centre (KYAC)



OCTOBER 2015

KYAC Program Coordinator: chelsea.volkart@7oaks.org OR (204)470-9460

<http://www.7oaks.org/Programs/KYAC/Pages/default.aspx>

What is KYAC?

KYAC is a non-profit youth drop-in centre concerned with meeting the needs of youth, ages 8-17, in Seven Oaks School Division. Our drop-in programs offer a wide variety of activities ranging from low organized games, recreational sports, movie nights, guitar lessons, art classes and crafts.

To register: visit our website, click "online registration" and fill our your child's information. Or contact the program coordinator.

Programming Hours :

Drop-in Gym Hours:

Edmund Partridge Community School (EP):
Monday, Wednesday and Friday 6-9pm

École Seven Oaks Middle School (ESOMS):
Tuesday and Thursday 6-9pm
Saturday 12-5pm

Structured Program Hours:

Governor Semple School:
Wednesdays 3:30-5:30pm

Forest Park School:
Thursdays 3:30-5:30pm

École Riverbend Community School:
Tuesdays 3:00-5:00pm
Fridays 6-9pm **(students from all schools welcome!)**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	Guitar Program	6	Art Program	8	9	10
11	No KYAC: Thanksgiving	13	Art Program	15	16	17
18	Guitar NO KYAC @ Riverbend	20	Art Prog. NO KYAC @ Governor Semple	No KYAC: @ Forest Park and ESOMS	No KYAC: @ Riverbend and EP	24
25	Guitar Program	27	Art Program	29	30	31

KYAC Art Program (supplies provided):
Wednesdays 6:30-8:30pm
@

Edmund Partridge Community School
in the Multi-Purpose Room.

Please note: the class is now full, check back in December for winter session registration.

KYAC Guitar Program (guitar provided):
Mondays 6-7pm or Mondays 7-8pm
@

Seven Oaks Middle School
in the Band Room!

Please note: classes are now full, check back in December for winter session registration.

Small club, BIG results!

- Small class sizes.
- Supporting individual athletes in a team environment!
- Progression based on ability; no failing levels.



RIPPLES

“Learn to Swim”

- 5 years old and up
- 3 sessions annually
- Once or twice a week program

COMPETITIVE GROUPS

“Train to Compete”

- 8 years old and up
- 10-month season
- Professional dryland training provided by NRG

HIGH AND LOW TIDES ADULT SWIM TRAINING

- For Wave alumni and parents of currently registered swimmers



- Strength & conditioning for swimmers
- Injury prevention & maintenance
- Athletic Therapy / Physiotherapy
- Nutritional guidance

Pool Practice Locations

- Seven Oaks
- North Centennial
- Cindy Klassen

Fall Session start dates:
Competitive Aug 25, Ripples Oct 2

REGISTER ONLINE www.winnipegwave.com
winnipegwave@hotmail.com
204-955-8984 (head coach)